

# CLTS NEWSLETTER

## FOND DU LAC COUNTY CHILDREN'S LONG TERM SUPPORTS

### CLTS NEWS

#### THE RELATIONSHIP BETWEEN TRAUMA INFORMED CARE & COORDINATED SERVICES TEAMS

You may have recently heard the term Trauma Informed Care. This concept has been getting more and more attention as the prevalence and impact of trauma is becoming more recognized. Many of the principles and values that are incorporated into Trauma Informed Care will sound familiar to those involved with Coordinated Services Teams. Several of the values and principles of Trauma Informed Care can also be found in the guiding practices of the Coordinated Services Team Initiative. How could this sharing of values possibly effect our families involved with Coordinated Service Teams?

First, let's begin with what exactly is Trauma Informed Care? Trauma Informed Care is an approach to engaging people with histories of trauma that recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in their lives. -National Center for Trauma Informed Care (NCTIC, [www.samsha.gov/nctic](http://www.samsha.gov/nctic), 2013).

"Trauma Informed Care provides a new perspective, where those providing the support, shift from asking "What is wrong with you?" to "What has happened to you?" This change reduces the blame and shame that some people experience when being labeled. It also builds an understanding of how the past impacts the present," this knowledge assists in the process of healing and recovery (<https://www.dhs.wisconsin.gov/regulations/trauma-care-efforts-wi>). **The core principles of Trauma Informed Care** include: **Safety**-Ensuring a physically and emotionally safe environment for the person, **Trustworthiness**-Establishing trust and trustworthiness, making responsibilities and tasks clear, and maintaining appropriate professional boundaries, **Choice**- Emphasizing and encouraging

consumer choice and control, **Collaboration**-Focusing on a collaborative approach and sharing power with the person, **Empowerment**-Stressing the development of empowerment and skill building. **The values of Trauma-Informed Care** include: Understanding the prevalence and impact of trauma, Pursuing the person's strength, choice and autonomy, Providers must earn trust, Healing happens in relationships, Provide holistic care, Share power, Communicate with compassion, Promote safety, Embrace diversity, Respect human rights. A trauma informed approach incorporates three key elements: **Realizing** the prevalence of trauma, **Recognizing** how trauma affects all individuals involved with the program, organization, or system including its own workforce, **Responding** by putting this knowledge into practice.

Many of the above described values and principles are also found in the core values that guide the Coordinated Services Team Initiative. For example, the Coordinated Services Team Initiative is also guided by the values of collaboration, empowerment, safety, compassion, choice, understanding diversity, dignity and respect, just to name a few. According to the American Psychological Association, "...in community samples, more than two thirds of children report experiencing a traumatic event by age 16." (<http://www.apa.org/pi/families/resources/children-trauma-update.aspx>) There is a strong likelihood that many of the children served through Coordinated Services Teams have experienced some type of trauma in their lifetime. Including and considering the concepts of Trauma Informed Care, along with its similar values and principles, may serve to add to the successes of Coordinated Services Teams.

- Service Coordinator, Julie Mazzolari



**Inside this issue:**

<b>CLTS News</b>	<b>1</b>
<b>Want Ads</b>	<b>2</b>
<b>Make A Wish</b>	<b>3</b>
<b>Upcoming Events</b>	<b>4,5</b>
<b>Resources</b>	<b>6,7</b>
<b>What A Child.....</b>	<b>8</b>

**WANT ADS****To Give Away**

Three activity rooms (two of them are smaller than the one pictured). Items pictured are not included. Contact Renee at (920-251-3033 for more information.



Mic-key buttons  
Extensions & food bags for the  
Enteralite feeding pump  
Attends size small  
Guardian ceiling lift (needs battery)  
Contact Ted at 920-922-1931 for more  
information

**DID YOU KNOW....**

Referred to as a child as "Dr. Bug" by friends because of his autistic fixation with bugs, Satoshi Tajiri later created one of the most popular video game franchises in the world, second only to Super Mario Brothers based on his childhood fascination with bugs. Video games were another fixation Satoshi had and once when he saw two kids playing with their Game Boys linked he imagined a bug crawling across the link cable and thus the idea for Pokemon was born! Diagnosed with Asperger's Syndrome, Satoshi Tajiri has been described by Nintendo officials as exceedingly creative, but reclusive and eccentric.



**If you would like to  
receive this newsletter  
via email, please send  
me your email address  
and I will be happy to send it to you this  
way: [www.laurie.huck@fdlco.wi.gov](mailto:www.laurie.huck@fdlco.wi.gov)  
Newsletter forms to submit an article could  
also be emailed to you.**

**MAKE A WISH - RYAN'S STORY**

Hi my name is Sarah Deichsel. I am a case manager here with DCP. For some of you my name is familiar and some of you don't know me, but have maybe heard my name. I have been a case manager here for over 5 years. What most of you do not know is that I have a special needs child of my own. His name is Ryan and he is 5. On March 14<sup>th</sup>, 2013, Ryan's doctors at Children's Hospital in Milwaukee diagnosed him with Mitochondrial Disease which is progressive and often times fatal. Basically, it is like trying to run a whole city on one battery. You can do it for a while but eventually the battery will give out. Mito can affect any system of your body, in Ryan's case the progression is taking place in his brain. Because of this he has problems with walking, balance, eating, behavior, cognition, and speech. He takes 11 medications, two times a day which they call a "mito cocktail" in the hopes to slow the progression. Ryan sees PT/OT/SLP and Behavioral therapists. He has AFO's and uses a wheelchair for longer distances. And he has a feeding tube which we use to supplement nutrition and hydration. We work really hard to try and keep him healthy because illnesses can make him really sick and can become life threatening for him. Right now there is no cure for mitochondrial disease and there is very little treatment. Ryan's brother Shawn has learned that life is just different for our family. As you know when a family has a child with special needs it affects everyone in the family and often life is unpredictable so we learn to just survive.

Ryan was referred to Palliative Care in March of 2015 and from there a referral was made for our family for Make-A-Wish. Ryan's wish to go to meet the Transformers at Universal Studios in Florida was granted. On January 10<sup>th</sup> 2016 a large stretched limo showed up at our home to pick us up and to take us to the airport. The drivers name was Scott and he was wonderful! The boys were treated like royalty! We arrived at Give Kids the World, and they do exactly that! They got presents, candy, toys, and ice cream every day. We were told before we left that we should bring an extra suitcase for all the stuff the boys would get.....we should have brought 3! On our first day there we planned something special for the boys completely separate from the Make-A-Wish plans. We planned for the boys to go to the WWE Performance Center in Orlando. My husband and kids are huge WWE fans (and I am too! Shhhh! Don't tell anyone!). Our boys got to meet one of

their favorite NXT wrestlers

Finn Balor. Finn was amazing with the boys and even took them to do his entrance down the ramp to his lights and music!! WWE, the NXT wrestlers, especially Finn Balor, and the Performance Center will forever hold a special place in my heart for all they did for our boys.

The next day Ryan got to meet the Transformers. The look on his face when Bumble Bee came out was priceless and again the tears flowed. He loves Bumble bee. When Megatron came out, Ryan said "I don't like him!" We spent the rest of the week going to the Disney theme parks, Magic Kingdom, Animal Kingdom, and Hollywood studios. All of them breathtaking and wonderful. One of the other great things my boys got to do was Jedi training. We love Star Wars at our house and to see them get "to be Jedi" was amazing! My husband got to help Ryan on stage and both boys were so proud to show off their skills. We got to meet so many characters and ride all the rides we could. The fire work shows were beautiful. Many of the rides were wheelchair friendly. For me the most amazing thing was seeing my kids smiling and laughing. Ryan was not feeling well the whole trip and the staff at Give Kids The World made sure he had everything he needed and even directed us to the walk in clinic that serves Make-A-Wish kids for free! For that one week we got to feel like a normal family. We used our vacation time for an actual vacation and not for a hospitalization or appointments. We just got to be a family and got to make memories. I was also so thrilled that the week was not just about Ryan, it was about Shawn too. As, many of you know, the healthy child or children often get lost in the shadows of whatever the sick child is fighting. Make-A-Wish is an amazing organization and I cannot say enough about them. The memories we made that week we will cherish forever.

- Sarah Deichsel, Service Coordinator







## Upcoming Events

### Arc Saturday Respites

The ARC hosts Saturday respites from 9 a.m. to 4 p.m., for individuals with disabilities ages 8 and up. Advance registration is required. Lunch and snack provided at all activities, transportation if needed. \$86.00 charge per activity. Contact Erin Thomma at (920) 979-6949 before 3 p.m. the Thursday prior to an activity, if your child will be attending an event, or if you have any questions or concerns.

- 9/17/16 A day filled with walking, exploring nature, and a picnic lunch at Horicon Marsh. (Please have your child wear walking shoes)
- 9/24/16 A fun filled day at the lanes! A trip to the bowling alley in the afternoon following a morning activity.
- 10/1/16 A fun filled fall activity day including fall decorating, crafts, and caramel apples!
- 10/8/16 A fun filled day at the lanes! A trip to the bowling alley in the afternoon following a morning activity.
- 10/22/16 Annual Halloween Party. Including goulash tricks and treats as well as a haunted hallway.



### The 27th Annual Children Come First Conference

## "NEVER, NEVER, NEVER GIVE UP: THE POWER OF PERSISTENCE"

November 16 - 17, 2016  
Glacier Canyon Lodge  
Wisconsin Dells  
[ccfconference.org](http://ccfconference.org)

\$160 until Sept. 26th  
\$185 after  
\$80 Youth (ages 12-26)

**3 Keynote Speakers and 50 workshops!**

### Special Guest Amy Bleuel

Amy Bleuel is the founder of Project Semicolon. She is looking forward to sharing her own story and listening to others' stories. Amy will be presenting a workshop for the general audience and will be spending time with the youth throughout the day. She has a compelling story of trouble and triumph. "Despite the wounds of a dark past I was able to rise from the ashes, proving that the best is yet to come. When my life was filled with the pain of rejection, bullying, suicide, self-injury, addiction, abuse and even rape, I kept on fighting. I didn't have a lot of people in my corner, but the ones I did have kept me going. In my 20 years of personally struggling with mental health, I experienced many forms of stigma associated with it. Through the pain came inspiration and a deeper love for others. God wants us to love one another, despite the label we wear. I do pray my story inspires others. Please remember there is hope for a better tomorrow."

**Amy's motto: Stay Strong; Love Endlessly; Change Lives.**



**PROJECT**  
"your story is not over"

### Keynote Speakers



BARRY DUNCAN



PETE FEIGL



TAMRA OMAN

**The Children Come First Conference is for those caring for, working with, or interested in the well-being of children and youth with social, emotional, or behavioral challenges.**

Each keynote speaker will also present a workshop session for youth only!

See descriptions of workshops and register at [ccfconference.org](http://ccfconference.org)

If you have questions or want sponsorship / exhibitor information contact Alison at 262-617-6775 or [Alison@wifamilyties.org](mailto:Alison@wifamilyties.org)

Upcoming Events *continued***WISCONSIBS****SEPT.—DEC. 2016**

For the past 16 years, the Fox Valley Sibling Support Network has been serving Wisconsin brothers and sisters by sponsoring regular Sibshops and camps for boys and girls. Recently, with the encouragement of the Wisconsin Board for People with Developmental Disabilities and because of their mission, they broadened their identity as WisconSibs and WisconSibs/Fox Valley. They continue to provide Sibshops, camps and events for families. They've expanded their online content (see their new webpage <http://wisconsibs.org>) and are strengthening their role as the Wisconsin chapter of the national Sibling Leadership Network.

- 9/17/16 Sibling Summit. American Family World Headquarters, Madison, WI  
\$55 per person, sibling/family member; \$75 per person for professionals.  
Register online or call 920-968-1742.
- 10/8/16 Baseball Camp for Kids with Disabilities & Siblings. Kimberly High School, Papermaker Stadium, Kimberly. 12p.m.—1:30p.m.  
Participants must be in grades 1-12; event is free, but registration is required.  
Contact Ryan McGinnis at [rmcginnis@kimberly.k12.wi.us](mailto:rmcginnis@kimberly.k12.wi.us) or Nathan Endries at [18nendries@kimberly.k12.wi.us](mailto:18nendries@kimberly.k12.wi.us)
- 10/15/16 S.P.A. Sibshop 10a.m. to 2p.m. Contact Harriet Redman or Amy Marler at 920-968-1742 for more information.
- 10/22/16 Autism Sibling Support Sibshop 9a.m.—12p.m. Green Bay, WI  
For more information contact Melissa VandeVelden at 920-558-4602
- 11/7/16 Celebrating Caregivers Event. 3:30p.m.-6:30p.m.; Grand Meridian Banquet, 2621 North Oneida Street, Appleton, WI. Free event; for more information & to register, call 920-225-1700
- 12/3/16 Santa Celebration 8:30a.m.—11:30a.m.; Grand Meridian Banquet, 2621 North Oneida Street, Appleton, WI. Watch for details.

**Easter Seals Wisconsin**<http://camp.eastersealswisconsin.com>**Camp Wawbeek & Respite Camp**

The 2016-2017 respite dates and application will be available online beginning September 1, 2016.

**Agnesian Health Care****Thursday, October 13, 2016**

Marian University Stayer Center  
45 South National Avenue, FDL

**Speaking About Suicide: Connecting Trauma-Informed Care to Suicide Prevention**

Presented by Leah Harris, MA, Shifa Consulting. This training promotes information helpful to professionals in the healthcare, education and social service areas. From 8 a.m. to 4p.m.

General admission \$50. Register online at [agnesian.com/CME](http://agnesian.com/CME). For questions or to receive CME or CSWE credit, please contact [jsmccord12@marianuniversity.edu](mailto:jsmccord12@marianuniversity.edu) or call 920-923-8952.

*Made possible with the support of the Charles E. Kubly Foundation*



## Resources

Page 6

### Parents in Partnership

The *Wisconsin Statewide Parent Educator Initiative* (WSPEI) has training availability for families who have children with disabilities ages 6-14 to attend Parents in Partnership trainings beginning this fall.

Parents in Partnership is a leadership development opportunity for parents of children with disabilities ages 6-14. Parents and other caregivers meet together five times during the year to share their family stories, challenges, joys, and triumphs of raising their children. Parents in Partnership assists parents to: learn about valuable community and statewide resources, plan ahead for their child and family, enjoy time with other parents, learn more within the topics of: health care, education, policy making, inclusion and self-determination as well as other subject matter of interest. Families are also given the opportunity to strengthen partnerships between the many professionals they interact with on behalf of their children, and to work on their own family or community project. PIP trainings will be held in two locations:



#### **Landmark Resort**

7643 Hillside Road  
Egg Harbor, WI 54209

November 4 & 5, 2016  
December 2 & 3, 2016  
January 13 & 14, 2017  
February 24 & 25, 2017  
March 31 & April 1, 2017

#### **Country Inn River Falls**

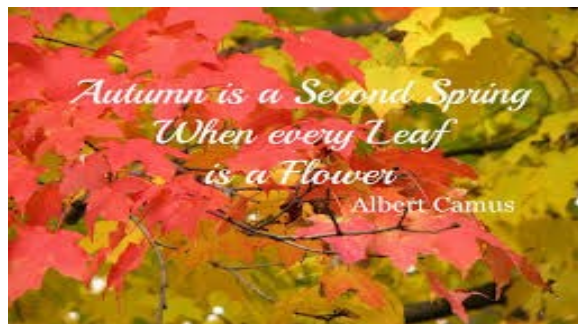
1525 Commerce Court  
River Falls, WI 54022

October 7 & 8, 2016  
November 11 & 12, 2016  
January 13 & 14, 2017  
February 3 & 4, 2017  
March 3 & 4, 2017

All trainings are **FREE** of charge. PIP trainings start at 5:00 p.m. Friday and end by 4:00 p.m. Saturday. Participants must attend all five sessions. Overnights, meals, and resources are paid for with a DPI IDEA Discretionary Grant. For more information visit [www.wspei.org](http://www.wspei.org) or call Sara Nerenhausen at 920-606-7791. To register call Kristina Johnson at 608-745-5422. Registration deadline is 10/20/16.

To submit an article for the "Unsung Hero" or "Want Ad" sections of the newsletter, please contact your Service Coordinator or Laurie Huck (920-929-3571) and we will supply you with the appropriate form. All items to be included in the newsletter must be submitted on the appropriate form. Thank you for your cooperation!

You may also access this newsletter and previous newsletters on the County website at [www.fdlco.wi.gov](http://www.fdlco.wi.gov)  
Click on "Departments;"  
then "Depts. N-Z;" then "DSS;"  
then "CLTS Services"  
You will find a link for the newsletter there.



Resources continued

## Children & Youth With Special Health Care Needs

### Family Voices Fall 2016 Training Schedule



Join us for one of these highly interactive training sessions to learn about supports and services for children and youth with special needs. All sessions are free and a resource binder and meal are provided. Stipends are available for travel and childcare.

*"Did You Know? Now You Know!"* explains resources and services for children with disabilities and special health care needs from birth through young adulthood. Learn about health insurance and how to best use your benefits, Medicaid, long-term supports and community programs and resources.

*"What's After High School?"* is a broad overview of the transition to adult life for youth with disabilities and special health care needs. Topics include the role of schools, long-term supports, transitioning to adult health care, legal options and the fundamentals of self-determination.

- 9/21/16**      *"Did You Know? Now You Know!"* training; Ashland, WI 5:00p.m. -7:30p.m.  
To register contact the Northern Regional Center at 866-640-4106
- 10/17/16**    *"What's After High School?"* training; DePere, WI 5:00p.m. -7:30p.m.  
To register contact the Northeast Regional Center at 877-568-5205
- 11/1/16**      *"What's After High School?"* training; Mauston, WI 5:00p.m. -7:30p.m.  
To register contact the Southern Regional Center at 800-532-3321
- 11/7/16**      *"Did You Know? Now You Know!"* training; Beloit, WI 5:00p.m. -7:30p.m.  
To register contact the Southern Regional Center at 800-532-3321
- 11/29/16**    *"What's After High School?"* training; Appleton, WI 5:30p.m. -8:00p.m.  
To register contact the Northeast Regional Center at 877-568-5205



The Treffert Center, part of Agnesian Healthcare, is offering several programs for children this fall. To register or for more information, call the Journeys health resource center at 920-926-4960, or register online at [agnesian.com/treffert-center-events](http://agnesian.com/treffert-center-events)

- Tuesdays:**    *"Social Communication Program;"* October 4th to November 8th, 4:30—5:15p.m.  
Children ages 3 to 6. 371 East First Street, FDL, \$60 per person
- Tuesdays:**    *"Early Reader's Program;"* October 4th to November 8th, 5:45—6:30p.m.  
Children ages 4 to 7. 371 East First Street, FDL, \$60 per person
- Wednesdays:** *"Self-Regulation & Mindfulness for Children;"* September 21st –to November 2nd,  
(no class week of October 10th) 10—10:45 a.m.; Children ages 3 to 5.  
371 East First Street, FDL, \$60 per person
- Thursdays:**    *"Yoga For Children;"* September 22nd to October 20th, 11—11:45 a.m.  
Children ages 3 to 12. 371 East First Street, FDL, \$60 per person





### **What A Child With Special Needs Can Teach Us**

They are survivors and warriors and can go on to accomplish so much after being written off by so many

They teach us humility, compassion and how to be human

They teach us how to be better parents as we need to constantly adapt and progress and evolve as individuals to meet their special needs

They teach us to appreciate life and give us the strength and courage to face the challenges life throws at us

They teach us to step up to the mark and fight for worthwhile causes and to raise awareness for issues which ultimately concern everybody

They teach us to never judge a book by its cover and to look deep within a person and pick out what is wonderful

They teach us to never take anything for granted and to appreciate and celebrate every small achievement

They teach us to be selfless so that our child gets the very best from us and we from them

They teach us to root for the underdog and to be tenacious in our cause for justice, rights and services for our child

They teach us unconditional love which only grows

*Orla Kelly*  
*Parenting4specialneeds.com*